

PATH Intl. Regional Conference

**Produced
by PATH Intl. Region 8
in Partnership With and
Sponsored by
Lone Star Therapeutic
Equestrian Network**



August 5-7, 2022

Hosted by:

**Inspiration Ranch
Magnolia, Texas**

PATH Intl. Region 8 and LSTEN welcome you to an educational and fun weekend with your friends and colleagues in wonderful Magnolia, Texas. Your registration fee includes lunch on Friday and Saturday. (Fees for PATH Intl. Standards Course are separate and lunch will be included for those attending this pre-conference event.) We look forward to a weekend of education, networking and support in celebration of our industry.

CONFERENCE LOCATION

Inspiration Ranch

33029 Wright Road
Magnolia, TX 7735

Lodging Option

Holiday Inn
18530 State Hwy 249
Houston, TX
281-612-1850
Standard King \$89 or 2 Standard Queens \$99

PATH INTL. CONFERENCE REGISTRATION

Online registration will be available May 27, 2022, through July 22, 2022. After July 22, 2021, registration will need to be completed on-site.

IF YOU ARE A PRESENTER OR CONFERENCE COMMITTEE MEMBER, DON'T FORGET TO REGISTER WITH YOUR CODE!

Registration May 27, 2022, through July 22, 2022:

Full Conference: \$150 members \$200 non-members
\$140 Higher Ed Student/Faculty \$130 PATH Intl. Higher Ed Student/Faculty Member

Registration on-site after July 22, 2021:

Full Conference: \$180 members \$230 non-members
\$170 Higher Ed Student/Faculty \$160 PATH Intl. Higher Ed Student/Faculty Member

PATH Intl. Standards Course* \$40 members \$55 non-members

**Register by July 1, 2022. If less than 15 are registered by this date, this course will be canceled, and refunds issued. Registration on-site is not available.*

Refund Policy:

No refunds due to weather unless the conference is canceled.

Written cancellation request is required for refund. Email manderson@pathintl.org

Deadline for Full Refund – Request received in PATH Intl. office by **July 22, 2022.**

Deadline for 50% Refund - Request received in PATH Intl. office by **August 7, 2022.**

Individuals who do not submit a written request to PATH Intl. by August 7, 2022, will not receive a refund.

***Deadline for Standards Course Refund** – Request received in PATH Intl. office by **July 1, 2022. No refunds after this date.**

Education:

This conference satisfies up to 15 hours of continuing education requirements. The Standards Course is an additional five hours.

COVID-19 Information:

Inspiration Ranch follows all CDC and State of Texas guidelines regarding COVID-19 virus protocols. If you are ill or have been exposed to the virus at the time of the conference, we ask that you not attend. Please see the refund policy.

AGENDA

All times are Central Daylight Time

Thursday, August 4, 2022

8 – 8:30 a.m.

Registration & Welcome

8:30 a.m. – 3:30 p.m.

PATH Intl. Standards Course

\$40 PATH Intl. members \$55 non-members

Lunch and snacks provided

Friday, August 5, 2022

7 – 8 a.m.

Registration & Welcome

Session A

8 – 9 a.m.

A1, Creating a Business Development Plan: Get the Most Out of Grants, Fundraising & Partnerships (Part 1) CE

This workshop discusses development strategies for the equine program from grant writing to building partnerships in the community. Increased volunteers and funding will ensure your program's success.

Jennifer Mathis is a PATH Intl. CTRI and Driving Instructor for Disabilities and Certified Barefoot Trimmer with over 11 years' experience developing grant, volunteer and fundraising programs for equine-related and non-equine related nonprofits. She received her bachelor's degree in business administration from University of North Texas. She is currently the equine therapy program director for Blue Sky Therapeutic Riding & Respite and helps nonprofits in North Texas with their development plans.

A2, Why Experiential Learning Matters CE

Through the collaboration between our center and the local university, riders and university students both benefit through experiential learning. Our riders benefit from volunteers who are motivated by learning from them. The volunteers benefit from equine-assisted services (EAS), which offers unique opportunities for learning, growing and succeeding in ways that are not possible in classrooms or clinics. University students are required to move beyond the classroom and assimilate course content through field observations and engagement with individuals with developmental disabilities. They walk away from their semester of service with experiential knowledge and in many cases renewed passion for their field of study or a fresh perspective of their own thoughts and beliefs regarding individuals with intellectual or developmental disabilities. Our center receives volunteers motivated to engage & learn, which has a ripple effect on other volunteers, while our riders get to participate with volunteers who are engaged and invested in them. The collaboration between our center and the

university results in impacting not only the lives of the students who are coming from the university but also the lives of our riders and our community as a whole, as we move from disability to diversity and from simply including to belonging.

Rachel Royston is the executive director of Turning Point Ranch and has been active in PATH Intl. for 14 years. As a PATH Intl. CTRI, ESMHL and Mentor, she serves to assist in the development of clients, volunteers and staff.

McKenzie Oefelein is the volunteer coordinator, PATH Intl. CTRI and Mentor. McKenzie has been involved with PATH Intl. for 13 years and has expanded Turning Point Ranch's volunteer program by developing unique relationships in the community while developing skills of her volunteers

Dr. Jennifer Jones, PhD., is an associate professor in the Department of Human Development and Family Science at Oklahoma State University. All of Dr. Jones' endeavors are built on the core belief that disability is a natural part of human diversity and everyone benefits from inclusion. Her work in communities and in academia over the past 20 years have focused on improving the quality of life for individuals with intellectual and developmental disabilities and their families.

A3, Effective Volunteer & Staff Communication CE

This presentation will cover the basics of effective communication, including how to provide and receive support, factors in communication styles, understanding motivation, lesson management and navigating common volunteer challenges.

Amy Tripson works at ROCK, Ride On Center for Kids, in a variety of roles as well as being the program director at HOPE in Beijing, China. She has an MEd in sport & exercise behavior and is currently pursuing her doctorate in leadership studies. Amy is a PATH Intl. Advanced Instructor with CTRI and Mentor and holds a certification in volunteer management (CVA).

9:00 – 9:15 a.m.

BREAK

Session B

9:15 – 10:15 a.m.

B1, Creating a Business Development Plan: Get the Most Out of Grants, Fundraising and Partnerships (Part 2) CE

See Session A1.

B2, Adding Groundwork and Structure to Your Therapeutic Lessons CE

This presentation will explain the value of structured and progression tasks and skills to develop the confidence and skills of your riders. This is done by incorporating groundwork, grooming and tack up, to the riding lessons. Structure and trackable progress are also achieved by using a progression (1-10) obstacle course to learn riding skills. No matter the riders support needs, groundwork and structured obstacle activities are possible!

Olivia V. Distasio began her journey at Blue Sky over a year ago as an intern finishing her child development degree with Texas Woman's University. After completing her Internship, Olivia knew that there was no place else she'd rather be, and that her work at Blue Sky was only just beginning. Her passion for therapeutic riding continued to grow and she joined as PATH Intl. Certified Therapeutic Riding Instructor. Her love for the Blue Sky horses motivated her to pursue her certification in equine sports massage therapy, so that she could learn how to give back to the horses in a meaningful way

through the benefits of equine massage. Olivia also supports the Blue Sky PURPOSE program, the respite program for special needs adults.

B3, Volunteer Committees That WORK! CE

Learn the benefits of volunteer committees and how to build and maintain them.

Arianna Roman is the development director of healing with Horses Ranch, a PATH Intl. Premier Accredited Center in Manor, Texas. Growing up with horses, Arianna deeply understands the power of the horse and its ability to change lives. After completing a Bachelor of Arts degree in organizational communications at St. Edward's University, Arianna pursued her passion for service as an educator at Girlstart. Today, Arianna has 10 years of experience in the nonprofit sector and personal passion for therapeutic horsemanship.

10:15 – 10:30 a.m.

BREAK

Session C

10:30 – 11:30 a.m.

C1, Building Your Online Presence CE

This session will cover the basics of why online marketing is important to your center and how to create a plan that can be executed in less than two hours a week. We will briefly cover website basics, organic methods for improving where you center lands on search pages and tips for creating social media campaigns that bring in donors and volunteers. Attendees will be asked to take inventory of what social media and online presence they are currently using and how it is used, but novice users are encouraged to join.

Julie Jones is new to the world of equine-assisted services having joined The Right Path Riding Academy in 2020 as the office manager and now serving as the administrative director in charge of donor relations and financials. Prior to moving to Oklahoma, she lived in Idaho where she served as the director of women and children's ministry for the Boise Rescue Mission. She also spent a short time as a community life director in Colorado Springs, where she managed the social media accounts for the assisted living facility and planned activities for the residents. When not on the ranch in Drumright, she can usually be found with her children and grandchildren from Oklahoma to Idaho or hanging out with the kids of Shamrock First Baptist Church. She is currently pursuing a degree in nonprofit management from City Vision University and looks forward to many years building relationships with others in the industry.

C2, The Use of Behavioral Principles and Behavior Management During Lessons Part 1 DE

This presentation introduces behavior principles and discusses how and when to use them during lessons when problem behavior may be occurring. This presentation will also teach preventive strategies and discuss common behavioral scenarios and solutions that are seen during lessons.

Gloria Maillard is a PATH Intl. CTRI and a Board-Certified Behavior Analyst with over 15 years of experience in working with children, adolescents and adults with ASD, communication disorders and intellectual delays. Gloria specializes in working with adults with severe problem behavior. Gloria received a degree in pack station and operation management and horse training from Feather River College and a bachelor's degree in psychology from the University of Nevada-Reno. She attended the University of North Texas and graduated with a Master of Science degree in behavior analysis in 2014.

C3, Volunteer Management: Redefining the Volunteer Experience CE

Therapeutic riding centers depend on a strong volunteer base to assist the instructor and rider during lessons. What is the volunteer experience at your center? How do we recruit volunteers? How do we train volunteers? How do we keep volunteers engaged and coming back week after week? We will discuss where we can recruit volunteers, how we can engage volunteers to keep them active in our programs as well as grow our volunteer base.

Jennifer Orms is the volunteer coordinator at Inspiration Ranch. She provides and manages volunteers across all programs, including therapeutic riding, mental health, fund raising, events, work groups and property.

11:30 – 1:45 p.m. **Lunch with the PATH Intl. Update, Field Test Standards Hearing and LSTEN Member Meeting**

Session D

2 – 3 p.m.

D1, Cerebral Palsy: A General Overview and Considerations for Equine-Assisted Services, Part 1 DE

The purpose of this presentation is to further educate attendees about cerebral palsy, review precautions and contraindications, discuss strategies and modifications for mounted EAS sessions and hear from EAS participants about their experiences with both cerebral palsy and EAS.

Shannon Middleton has 30 years of experience as a speech language pathologist, including 16 years in the EAS industry. She is a PATH Intl. CTRI, ESMHL and Mentor as well as a HPCS through the American Hippotherapy Certification Board. As a parent of a 25-year-old amazing young woman who has a diagnosis of cerebral palsy, she has seen first-hand how EAS can help individuals with CP achieve their goals and become more independent.

D2, The Use of Behavioral Principles and Behavior Management During Lessons Part 2 DE

See Session C2.

D3, Crisis Supports for People With Autism, Part 1 DE

The workshop discusses communicating with and supporting people with autism. I will discuss how a person with autism may present pre-crisis and in crisis. I will discuss communication, autism and suicide, the latest research, and the autism-specific resources available. The resources include "Crisis Supports for Autistic People," "Autism Resource for Warning Signs of Suicide: Considerations for the Autism Community," and "Warning Signs of Suicide in Autistic People." The workshop will also cover how to support an autistic person in crisis and how to support them moving forward.

Lisa Morgan, MEd, CAS is an autistic adult who self-advocates for crisis supports for autistic people. Lisa is founder and co-chair of the Autism and Suicide committee of the American Association of Suicidology (AAS). She is the author of several books, a consultant for researchers and other professionals, and she coaches autistic adults.

3 – 3:15 p.m.

BREAK

Session E

3:15 – 4:15 p.m.

E1, Cerebral Palsy: A General Overview and Considerations for Equine-Assisted Services, Part 2 DE

See Session D1.

E2, ABA Everyday – What Is ABA Anyway? DE

The principles of applied behavioral analysis (ABA) can be utilized in so many everyday events and activities to help shape language and appropriate behavior.

Dr. Brenda Grafton-McCall, PhD, BCBA, LBA, is a PATH Intl. CTRI and founder and executive director of Dream a Dream Therapeutic Horsemanship. She is a lifelong learner and lover of horses, helping others and the science of behavior.

E3, Crisis Supports for People With Autism, Part 2 DE

See Session D3.

4:15 – 4:30 p.m.

BREAK

Session F

4:30 – 5:30 p.m.

F1, Budget Forecasting CE

Take the mystery out of budget forecasting. Learn the basics of creating a budget forecast in common sense terms using examples from an EAS business. You will leave this session with an outline of the budget forecast for your EAS business or your portion of the business.

John D'Andrea has 40 years of experience across the aerospace, heavy equipment, high tech and nonprofit industries. Includes 20 years of experience in EAS as a volunteer, board member, facility manager and now executive director for Healing with Horses Ranch.

F2, Grants: Who, What, When and Where CE

Fundraising is a necessary component for most nonprofits. To remain sustainable and achieve growth, organizations must learn the art of writing and submitting impactful grants to strategic funding sources. In this session we will review all the important steps of writing, submitting and stewarding a grant. We will also discuss how to search for appropriate funding opportunities and what to do when they say 'yes'!

Sandy Biggers, CFRE, serves as the vice president of development for Inspiration Ranch. Sandy came to Inspiration Ranch from Buckner International where she served as the Senior Gift Officer for Greater Houston and Beaumont. Prior to that she was the campaign director for the American Cancer Society where she led the \$40 million capital campaign to build Hope Lodge Houston—the largest of its kind in the country. Previous to her work at the Society, she also led a \$5M endowment campaign for Krist Samaritan Center, worked for Houston Baptist University as the director of development focusing on corporate and unrestricted gifts, and served as the stewardship program manager at Baylor College of Medicine. She earned her BBA degree in general business from the University of Houston at Clear Lake and holds the CFRE certification. Sandy is a native Texan and currently lives in Pasadena.

Ashley Perales is the grant writer at Inspiration Ranch.

F3, From Helicopters to Horses: Veterans Serving Horses Through Classical Dressage CR All

The information presented will be shared from the perspective of Veterans. Jim Steels is a combat helicopter pilot who personally experienced trauma, loss, chemical exposure and cancer, resulting from his military experience. Grant Patton served as a rescue helicopter pilot for 20 years. Both will discuss the benefits and outcomes of engaging with equine partners through classical dressage, both "in-hand" and "in the saddle." Classical dressage, as defined within the context of this discussion, is the mental and physical (some may even suggest spiritual) engagement between the equine and human partner, executing precise and artful maneuvers to challenge and strengthen mind and body.

Jim Steele personally discovered the healing power of horses while volunteering at a center. This experience gave him the inspiration to pursue PATH Intl. CTRI and CHA certifications. Jim has worked with individuals who have various challenges but especially enjoys working with Veterans. He has attended Parelli clinics, practiced the 7 games and pursued equine massage to learn about stress reduction and anatomy. Jim was intrigued when he initially learned about "in-hand" classical dressage from a presentation given by Betsy Kahl during a PATH Intl. conference. Jim currently takes instruction from Betsy. He personally believes classical dressage is a predominant approach for him to intimately engage with an equine partner in a way that challenges both to be present on the same mental and physical plane, learning and growing together. Earlier in life Jim joined the Army on his 19th birthday and was flying helicopters that same year. At the age of 20 he was flying in combat and sustained multiple injuries toward the end of his tour. His military experience provided entry into a technology career where he served in leadership roles for start-up companies and global corporations. Jim has an MBA degree in technology management and a master's degree in theological studies.

Grant Patton is the proud father of a son serving with the Alaska Army Guard and an adopted Chinese daughter studying psychology at the University of Alaska Anchorage. Grant served 20 years in the Air Force, rising to the rank of Lt Col. His last 15 years, he flew rescue helicopters in Alaska. After retiring from the military, Grant earned his Master of Arts degree in teaching from Alaska Pacific University. In 2010, Grant moved to Texas to become the primary caregiver for both his parents. A 2016 article in the *Georgetown View* stimulated Grant to volunteer and then ride at the Ride On Center for Kids. His passion is creating a physical therapy program that benefits both veterans and horses.

5:45 – 6:15 p.m. **PATH Intl. Region 8 Updates**

6:15 p.m. **Dinner on your own**

Saturday, August 6, 2022

7:30 – 8:30 a.m. **Registration & Welcome**

Session G

8:30 – 9:30 a.m.

G1, USPC Resources for Your Lesson CE

How to use the United States Pony Club badge program, games and gymkhana rule books to aid in keeping riders and horses engaged and adapting for a variety of rider needs.

Kimberly McDonell began taking lessons in Scotland around the age 3. She joined Pony Club while living in the UK and competed in show jumping (both indoor and outdoor), dressage, horse trials, working hunters and show ponies. In 1988 her family moved from England to Houston, where she continued as a Pony Club member. Kimberly would age out of Pony Club with an H-A rating (now certification). She has stayed involved with USPC as a chief horse management judge. Outside of Pony Club Kimberly competed through first level dressage and through the preliminary level in USEA horse trials. In 2010 she obtained her registered level certification through NAHRA (now CTRI through PATH Intl.) and eventually obtained the ESMHL. Kimberly currently serves on the LSTEN board as well as the Texas state co-chair. Outside of the horse community she has a BA degree in history from Sam Houston State University and has been teaching 7th grade Texas History this school year. She is also active in her local DAR (Daughters of the American Revolution) chapter as vice-regent and has an interest in genealogy and traveling via car to explore new places!

G2, Process Paradise – Using Paperless Processes to Drive Continuous Improvement CE

If you've wondered what going paperless can do for your organization or if you've succeeded in going paperless and would like to share the uplift and how you overcame barriers, this session is for you.

Kim Vest is an expert in strategic planning and organizational operations. She is a Certified Lean Six Sigma Master Black Belt who began her career as a systems engineer overseeing safety, service quality and performance management for multi-billion-dollar companies. She retired from for-profit work and spent eight years using her skills to boost local nonprofits through work at CASA (Court Appointed Special Advocates) and United Way of Greater Houston. Vest joined Inspiration Ranch in 2019 as director of operations and oversees both the equine-assisted therapeutic riding and equine-assisted mental health programs as well as safety, herd, volunteer, property and community outreach management for the 40-acre ranch.

G3, Childhood Learning Differences, Learning Interventions, Sensory Integration and Movement, Part 1 DE

Is a child keeping up with peers? Why not? What is happening? What can you do?

Gayle Y. Fisher is an activist mom of a 9th grader with learning differences. She is an educator, author, advocate, ally, and learning differences consultant, and has been living in the spectrum 12+ years. She teaches non-credit workshops as an adjunct at LoneStar College System (LSCM) Academy of Lifelong Learning (ALL) campuses and out in the community. She is founder at GettingSorted.com, founding co-facilitator of SpecialNeedsSibs.org and OurTrainingCenter.org; and writes at IfWeLearnDifferently.com. She is on the advisory council of the Center for School Behavioral Health Collaborative (CSBH), participates on several teams of Behavioral Health and Suicide Prevention Community Taskforce (BHSP) and on the boards of NAMI-Greater Houston and Cafe Azul, and contributed to Autism Moms Are Beautiful. She loves to collaborate and always has new projects she is working on, including Aprendemos Diferente, Lights! Camera! Action! Share the Knowledge Brown Bag Lunches, a documentary series (Neurodiversity Stories of Heart, Challenge, Strategy) and First Responders Supports When Dealing with Neurodiversity. She has earned an MEd degree, Ed Tech from Texas A&M, a B.B.A. degree in finance from University of Houston, and an AA degree in pre-engineering from Houston Community College. More can be found at GettingSorted.com.

9:30 – 9:45 a.m.

BREAK

Session H

9:45 – 10:45 a.m.

H1, My XYZ Won't Do This, That, Or the Other Thing ... What Should I Do?! Part 1 DE

The panel will discuss the causes of some of the most commonly encountered rider, volunteer and horse behaviors that often interfere with the instructor's implementation of their lesson plan. First, what is the source of conduct? Is it primarily behavioral, sensory processing or lack of training? Next, should the issue be addressed and corrected in the moment, or will it require a methodical approach that may require a longer period? After potential causes have been established, the panel will explore examples of short- and long-term interventions and methods of redirection that may prove successful. Time permitting, attendees will be invited to share other examples of difficult situations and successful methods of modification.

Anthony Busacca is a PATH Intl. Master Level Riding Instructor, CTRI and ESMHL, with over three decades of experience in the EAS profession. He is a PATH Intl. Lead Faculty/Evaluator for riding instructor certification and currently serves as the education coordinator at Inspiration Ranch in Magnolia, Texas.

Keith O'Connor, MA, SPL-CCP, is a speech and language pathologist with over two decades of experience working with children on the autism spectrum in school districts in the greater Houston area. He has volunteered with therapeutic riding programs for over 12 years and is currently working with Inspiration Ranch.

Darlene Cary is a PATH Intl. CTRI, with experience in a variety of equestrian pursuits. She currently serves as the therapeutic riding program manager at Inspiration Ranch, overseeing all aspects of program operation.

H2, Fundraising as a Herd CE

We think fundraising is important, especially in these times where the need for our services is much greater than our ability to serve. We propose to create one or more 'consortia' of EAS centers in Region 8 to raise funds for our work as a herd rather than to compete as individual centers for necessary resources. Come brainstorm and organize with us!

Patty D'Andrea is the program director at Healing with Horses Ranch (HHR). Patty is a PATH Intl. Advanced Instructor, CTRI and founder of HHR in 2011 based in the greater Austin area. She has 30 years of experience in therapeutic horsemanship.

Becky Lentz, PhD, is a scholar/educator/policy advocate with more than 20 years of varied experience in the nonprofit sector. She also leads a new volunteer team at HHR called the Connections Crew whose goal is to develop long term relationships with funding partners.

Arianna Roman is the development director at HHR and has a decade of experience in the nonprofit sector specializing in building programs and managing funder relationships. With a BA degree in organizational communications, Arianna is an expert at corralling talented herds.

H3, Childhood Learning Differences, Learning Interventions, Sensory Integration and Movement, Part 2 DE

See Session G3.

10:45 – 11 a.m.

BREAK

Session I

11 a.m – 12 p.m.

I1, My XYZ Won't Do This, That, Or the Other Thing...What Should I Do?! Part 2 DE

See Session H1.

I2, Understanding the Accreditation Pathway for the PATH Intl. CTRI CE

Gain more understanding of the process and reasoning for accrediting the CTRI certification. Why CTRI? What does it mean?

Sanna Roling is a member of the PATH Intl. Credentialing Council.

I3, Budgeting for Today and Tomorrow CE

Learn how your organizational and program budgets can be your best friend in fulfilling your mission and building a stronger future.

Joe Wappelhorst has been a nonprofit leader and administrator for over 25 years. After 18 years of ministry work Joe found himself with a passion to serve people with life challenges through a number of organizations, including the Epilepsy Foundation Texas, Literacy Advance and now six years at SIRE. Outside of SIRE, Joe enjoys the simple pleasure of being a grandfather.

12:30 – 2 p.m.

Lunch with the PATH Intl. Region 8 Awards and State Meetings

Session J

2 – 3 p.m.

J1, Efficient & Effective Lesson Planning CR All

With some forethought, planning lessons for an entire semester can be done efficiently as well as effectively. We will go through two exercises that will provide the basis for addressing rider goals, maximizing planning time and having fun to boot! This will be a totally interactive session—come ready to share your ideas and experiences.

Joelle Devlin holds PATH Intl. Master Instructor, CTRI and ESMHL certifications. She is a Lead Evaluator for Advanced and Master Certifications, past chair of the Riding Certification Subcommittee and a PATH Intl. Mentor. She is currently associated with two TR programs in the Houston area, including our host center, Inspiration Ranch. She's written a LOT of lesson plans over the years and is willing to share how to be not only effective but also to be efficient in providing quality service to our riders.

J2, Human Resources Basics for EAS Centers CE

This presentation will cover the H.R. management basics including talent management, culture building, compliance and documentation, disciplinary actions,

Lili (Elizabeth) Kellogg is the CEO of Equest in Dallas and has been involved in the EAS industry since 1987. Before taking the helm at Equest she served as the executive director of SIRE in Houston, the director of ManeGait Therapeutic Horsemanship in McKinney, Texas, and for 20 years, the program director at Equest. Prior to moving to Texas in 1984, she served on the faculty in the equine management department of the University of Minnesota Technical College in Waseca. Lili received her BS degree in animal science from Colorado State University, is a PATH Intl. Master instructor, PATH Intl. CTRI, PATH Intl. Accreditation Site Visitor, a PATH Intl. ESMHL and a PATH Intl. certification

faculty/evaluator. Lili has served on numerous industry boards, committees and task forces and was the 2002 recipient of the PATH Intl. James Brady Professional Achievement Award. Lili is currently serving on the PATH Intl. Board of Trustees.

Martha Johnson is the business and human resources manager at Equest in Dallas. Martha came to Equest as the accounting manager in July 2005 and in 2017 transitioned to the business and human resource manager. Martha has worked in accounting since 1987 and has owned and operated her own business. At Pro America where she worked from 1985-1997 Martha was the sales support manager and had a team of 20 direct reports. At Equest, she is responsible for many accounting functions including payroll, audit, employee and facilities insurance, and human resources.

J3, Building a Resilient Human Herd CE

Building a resilient human herd invites attendees to learn practices based in mindfulness and backed by neuroscience to help staff and volunteers become grounded and well-resourced to better serve clients and equines alike. Learning objectives include gaining an understanding of: principles of resilience as they apply to individual volunteers, practitioners, and centers; the connection between self-wellness, center-wellness, and professional ethics; and how to audit centers for optimal resourcing. We will explore topics of: Maslow's Hierarchy of Needs as it relates to PATH Intl. centers, burnout culture vs. wellness culture, the signs and symptoms of burnout, and how to apply organizational health practices to cultivate truly trauma-informed spaces.

Allison Gregurich is a licensed massage therapist, yoga teacher and PATH Intl. Equine Specialist in Mental Health and Learning residing in Austin, TX. Allison offers one-on-one sessions, workshops and consults. She is the founder of Embodied Being and is constantly exploring and refining best practices for accessible somatic practices. She can be reached via email at embodiedbeingatx@gmail.com

3 – 3:15 p.m. **Break**

Session K

3:15 – 4:15 p.m.

K1, Understanding Behavior: Are You Maximizing Their Intrinsic Motivation? Part 1 DE

We will cover children's undesired behaviors, with and without learning differences, re-directs, intrinsic motivation, multiple intelligences, classroom management, natural consequences, sensory integration / somatic learning, executive function, trust and boundaries.

Gayle Y. Fisher, see Session G3.

K2, Research, Riding, Horses, Oh My! CE

Research is important to all those who love horses! Why? Because we need to know what works and what does not so that we can provide better services to our riders and horses. Grant writing might seem intimidating at first, but the more you learn and find out about the grant writing process, the more you will find research fascinating. Some questions you might ask: "Why do horses react the way they do?" or "Does human interaction with a horse have a positive or negative effect on the horse?" or "How do horses sense our fear?" or "How can we provide a better experience for our riders?" These are a few questions you might want to research by breaking the questions down and searching for the right information. This session will help discover research and how it can benefit your program and the entire horse community.

Dr. Pebbles Turbeville is the executive director for Horses and Humans Research Foundation. She recently completed her doctorate in sports management with an emphasis in leadership. She received her master's degree from NC State and her BA degree from Columbia College. Previously, she was associate professor and chair of the sport studies department at St. Andrews University where she taught students in the therapeutic horsemanship industry. She has been an adjunct professor and consultant for other higher education institutions in the equine studies industry. Pebbles served on the PATH Intl. (then NARHA) Board of Trustees and on several committees for PATH Intl. She has certifications from PATH Intl. as an Advanced Instructor, a Mentor Faculty, as Associate Faculty for the PATH Intl. Advanced certification and Lead Faculty for Registered On-Site Workshop/Certification and Mentor Training. One of her favorite hobbies is equine photography.

K3, Roaming Tracks to Improve Horse Health and Decrease Cost CE

Implementing a roaming track in all size horse operations. Participants will be introduced to a track system that involves 72 horses.

Bob Byrns in his role as PMC manager, developed the track system used by Parsons Mounted Cavalry at Texas A&M. The system has been featured in national publications and has allowed the unit to dramatically improve herd health and reduce costs. The horses in PMC are used both as cavalry mounts and in the therapeutic and veterans riding programs at TAMU. Bob has used groundwork methods to improve horses with hundreds of A&M Cadet students as well as PATH Intl. and CHA professionals at both ROCK in Georgetown and Courtney Cares at A&M. Bob is a PATH Intl. Instructor and CHA Certifier. His experience encompasses English, Western, Military riding and team driving. His programs while manager at Parsons Mounted Cavalry have been featured in both state and national publications. Bob is also a trained English and Western saddler with 20+ years' experience in all types of saddlery fitting and repair. He owned and operated Saddle Up saddle shop associated with Charlottes Saddlery in Houston for 11 years.

4:15 – 4:30 p.m. **Break**

Session L

4:30 – 5:30 p.m.

L1, Understanding Behavior: Are You Maximizing Their Intrinsic Motivation? Part 2 DE

See Session K1.

L2, Creating a Culture of Safety by Making Safety Safe CE

Every organization claims to have built a culture of safety, but often, employees would disagree. When safety is a top value, we tend to use fear as a motivator: "Don't do that or you'll get in trouble," "Hang on, the safety manager is nearby; we don't want him to see this" I have heard these lines countless times. Yet I've never once heard, "Oh I can't wait until our next safety meeting." Let's be honest, safety culture tends to have a negative stigma behind it. How can we fix this? First make safety safe, then begin to build your culture of safety. How do we do this? We use mistakes to make us better in the future; we use tools such as "The 5 Why's"; we emphasize the reasons behind safety; we make everyone responsible for safety (and do so without everyone groaning); we make it fun; we encourage the safe behavior; and most importantly, we make sure everyone knows why we work so hard to be safe.

Cole Moxley is the property and compliance manager for Inspiration Ranch and has been on staff for five years. He developed our current safety manual and has worked with the safety committee to build true culture of safety.

L3, A Case Study of the Utilization of the SPM to Demonstrate the Benefits of Occupational Therapy Incorporating Equines in the Improvement of Sensory Processing in the Home CE

This abstract is designed to demonstrate how occupational therapy incorporating equines utilized as a therapeutic intervention can improve sensory processing issues that children face in the home. Occupational therapy incorporating equines is defined as an alternative multimodal intervention that involves partnering with a horse to enhance core impairments. Sensory processing refers to the mechanisms of how we feel. It is how we use what we sense to make sense of the world around us and basically how we function daily in our world. Sensory processing issues often lead to difficulties with performing basic activities of daily living and often lead to behavioral problems as children have difficulty making sense of sensory input in their home environment. The Sensory Processing Measure (SPM) is a standardized assessment that assesses a child's sensory processing problems in the home as well as demonstrates improvement in sensory processing in the home with therapeutic and multimodal interventions. At the end of the presentation, attendees will gain a broader knowledge of the benefits of occupational therapy incorporating equines for improving sensory processing in the home.

Tunesha Banks, OTR, OTD, MBA, is a native Mississippian and has been a resident of Texas since 2010. She has a BS degree from Tuskegee University in occupational therapy (OT) and a doctorate degree in OT from Creighton University and a master's degree in business administration from Texas Woman's University. Tunesha has 21 years' experience as an occupational therapist working in a variety of settings, including geriatric patients, skilled nursing facility, acute care for adults, pediatric home health, school and outpatient clinics. Within the pediatric setting (children 0-21 years of age), Tunesha has worked with children of all abilities including but not limited to children with Down's syndrome, cerebral palsy, developmental delay and children on the Autism Spectrum (ASD). Her specialized training in sensory integration and neurodevelopmental treatment has afforded Tunesha the opportunity to provide OT that focuses on the child's abilities and assists them in achieving skills for the job of living. Tunesha is AOTA Board Certified in Pediatrics. She has had the privilege of being a mentor for therapists in the area of sensory integration, on-boarded new employees and is responsible for the evaluation and treatment of children birth to 21 with an array of diagnoses and impairments. Tunesha is also an adjunct faculty member at Texas Woman's University.

5:30 – 7:30 p.m. **Dinner on your own**

7:30 – 9 p.m. **Keynote Speaker Temple Grandin**

Sunday, August 7, 2022

8 – 9 a.m. **Cowboy Church**

Session M

9 – 10 a.m.

M1, Maintaining the Equine, Part 1 CR All

Equine bodywork is a must for all equines in the industry. This session is an introduction to the basics of equine bodywork and addressing what you can do to prevent injuries, wear & tear issues and stress-related conditions.

Helen Evans is originally from the UK. She graduated Ag college in small animal care and equine management with Honors and spent several years as a trainer for the leading dog rescue, specializing in puppy training and nervous behaviors in dogs. She then moved to an equine veterinary hospital for 10 years before moving to the US in 2010. Always a horse owner since a young age, she missed the equines and quickly discovered SIRE. She volunteered for a year and then went through certification to become an instructor and took the role of equine manager at SIRE Fort Bend. Four years ago, she became site manager and still enjoys teaching and getting hands on the horses at SIRE. Helen has a strong interest in bodywork for animals and has, over the last eight years, gained certifications in equine sports massage and equine bodywork.

M2, A Little Respect CR All

Treating our horses sensitively and thoughtfully is essential. Horses partnered in therapeutic work frequently burn out. This session will teach thoughtful equine handling by awakening the attendees to what it's like to be a horse—with all of its innate sensitivities and protective behaviors—with the end result that our horses can enjoy the work longer.

Dea Martin is a PATH Intl. CTRI, owns and runs Big Wish Farm in Alvin, Texas, and instructs for the SoléAna Stables program as well. She has a Bachelor of Science degree in Animal Science from the University of Kentucky, where she lived and worked on the equine research farm. Dea will happily talk horses with anyone who will listen, for any length of time, and frequently shares her unsolicited opinions with anyone on the equine aisle at Tractor Supply (according to her husband). She has over 40 years' experience in the horse industry and looks it.

M3, Improving Your Horse & Yourself Through Groundwork, Part 1 CR All

Learn how to use a horse's nature to strengthen ridden and healthy horse behavior. Learn to use a horse's herd and prey instinct to improve confidence and performance both by horse handlers and riders.

Bob Byrns see Session K3.

10 – 10:15 a.m.

Break

Session N

10:15 – 11:15 a.m.

N1, Maintaining the Equine, Part 1 CR All

See Session M1.

N2, The Body, The Brain and EAP DE

Attachment theory suggests an evolutionarily advantage, especially in primates, for the forming of close emotional bonds with significant others. The patterns of attachment established in infancy have been shown to affect the individual's later emotional development, relationships and emotional stability. Polyvagal theory suggests that individuals having grown surrounded by chaos, neglect, abuse and chronic fear learn to depend upon immobilization, dissociation and emotional dysregulation. Research on this phenomenon is discovering that in both children and adults having experienced chronic neglect or abuse and who experience poor or stressful relationships, traditional office therapy is often insufficient in treating the deep-seated trauma. This lecture will look at psychotherapy incorporating equines through the lenses of Polyvagal and Attachment theory in which the emphasis on relationships can help regulate the stress response. Examples of equine-client

interventions and the role of the psychotherapist will be explored and discussed as critical components in regulating the stress response system and inviting regulation.

Leslie McCullough, PhD, LCSW-S, has been providing psychotherapy incorporating equines to populations at-risk for almost 40 years, 33 of those years practicing psychotherapy incorporating equines. She is a long-standing member of NARHA then PATH Intl. Leslie served on the Equine Facilitated Mental Health Association and is currently a member of the ESMHL subcommittee. Leslie co-authored the "Equine Specialist in Mental Health and Learning" workshop alongside three other long-standing PATH Intl. members and has been teaching the course since 2005. Leslie is back in Texas working as the clinical director at Healing with Horses Ranch.

Patty D'Andrea is the founder and program director at Healing with Horses Ranch (HHR) based in the greater Austin area. Patty is a PATH Intl. Advanced Instructor and CTRI and has 30 years of experience in therapeutic horsemanship.

N3, Improving Your Horse and Yourself Through Groundwork, Part 2 CR All

See Session M3.

11:15 – 11:30 a.m.

Break

Session O

11:30 – 12:30 p.m.

O1, Saddle Fitting CR Riding

Examples of different types of saddles and therapeutic pads will be exhibited and explained. Participants will be given the opportunity to model different horse backs, build a mockup and use it to actually fit saddles on a variety of horses.

Bob Byrns see Session K3.

O2, Facilitated Networking and Panel Discussions

We look forward to seeing you soon in Magnolia, Texas!